



THRIVE RE  
Accelerated Wellness

**PINC&STEEL**  
INTERNATIONAL  
MOVING BEYOND CANCER



# PINC&STEEL AND THRIVE RE CONSULTING ALLIANCE

**WORKING IN  
PARTNERSHIP  
TO ACHIEVE  
EXCELLENCE IN  
HEALTH AND WORK  
OUTCOMES FOR  
CANCER SURVIVORS**

- Our alliance represents a working partnership between the leading cancer rehabilitation program in Australasia & a specialised occupational rehabilitation provider dedicated to the provision of outstanding service delivery across the life insurance industry.
- The combined expertise of **PINC&STEEL** certified movement based physiotherapists, with rehabilitation consultants specialised in the provision of return to work services for cancer survivors, assures a total approach to recovery, return to wellness and work.
- Working in partnership through a multi-disciplinary approach supports end to end management of our client's needs and attainment of optimal wellbeing and work outcomes.

# PINC&STEEL PHYSIOTHERAPISTS

Leading providers in  
cancer rehabilitation.

Cancer Rehabilitation provides so many benefits to people affected by cancer. It reduces unnecessary disability, loss of function, and helps people return to work and productive lives. However, the frailty of patients, co-morbid conditions, multiple medications, side effects of cancer treatments, and a host of other factors contribute to making this one of the most medically complex populations managed by physiotherapists.

**PINC&STEEL INTERNATIONAL** provides a comprehensive post-graduate cancer rehabilitation education and mentorship program. Only experienced Physiotherapists are selected to participate in the certification training and need to participate in ongoing professional development to maintain certification.

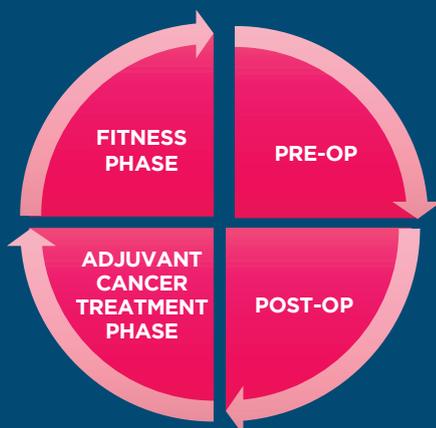
Our education programs provide a research-based comprehensive foundation of knowledge of the entire cancer process and best practice in cancer rehabilitation for all types of cancer.

**Professional Peer Support.** We have a large international network of certified Physiotherapists with a broad range of experience and expertise to actively provide peer support to our network of physiotherapists.



## PINC&STEEL PHASES OF REHABILITATION

**PINC&STEEL** Physiotherapists are movement based therapists. The individualised rehabilitation programming is chronologically formatted into 4 phases.



**PRE-OP PHASE.** Designed to help individuals before cancer surgery and involves a pre-operative assessment and education to identify any factors that may affect recovery from surgery and return to work.

**POST-OP PHASE.** Designed to assist the healing process post surgery. It aims to restore strength, flexibility to joints & muscle groups that have become weak and inflexible as a result of surgery. Includes modified exercises to maximise recovery from surgery, education and functional guidance for home and work.

**ADJUVANT CANCER TREATMENT PHASE.** Designed to improve energy levels and maintain health during cancer treatments to reduce the impact on physical functioning and overall conditioning. It aims to help individuals minimise loss of function and thereby assisting with reducing time off work.

**FITNESS PHASE.** Designed to facilitate overall conditioning to increase physical stamina after cancer treatments are completed and to maximise return to wellness and work potential.